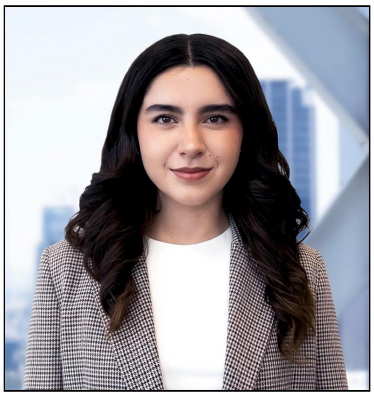
GARRIGUES



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Labor and Employment

Natalia is an employment lawyer specializing in litigation, advisory work and regulatory compliance within Garrigues Mexico's Labor and Employment Department, where she has practiced since 2023.

Her practice focuses on the comprehensive management of employment matters, designing litigation strategies aimed at achieving effective and advantageous outcomes, and advising companies on compliance with national and international labor and employment regulations applicable to the workplace. She also implements policies and preventive measures designed to anticipate contingencies and strengthen compliance cultures within organizations.

She holds a law degree from Universidad Autónoma de Querétaro, with a concentration in International Law, and a Specialist Degree in Labor Law from the same institution. She combines strong legal expertise with a practical understanding of employment relationships, enabling her to provide strategic advice both on the prevention and resolution of labor and employment disputes.

She is fluent in Spanish and English.

Experience

Specialist in labor and employment matters for the business sector, including labor litigation, individual and collective bargaining agreements, termination of employment relationships, and compliance with labor regulations.

Natalia has experience advising companies on the design and implementation of procedural strategies for labor litigation, as well as negotiating agreements to mitigate risks and costs.

In addition, she advises companies on compliance with their employer obligations, ranging from the drafting of internal regulations and labor policies to the structuring of employment contracts and the handling of termination processes in accordance with applicable regulations.

She assists her clients in complying with national and international labor regulations, anticipating potential issues, and fostering a strong culture of compliance within organizations.

She is fluent in Spanish and English.

Academic background

- Law Degree, Universidad Autónoma de Querétaro (2023).
- Specialist Degree in Labor Law, Universidad Autónoma de Querétaro (2025).